



RoadstoRehab
Nepal



WELCOME TO OUR JUNE 2026 NEWSLETTER

Namaste and welcome to our June newsletter.,

SAMRAT'S NEWS

For those of you who are not aware, MeRO's Director Samrat was admitted to hospital in early April having developed a bowel obstruction. He was then diagnosed with stage 3 colon cancer and had urgent surgery from which he made a great recovery. Due to spread in two of his lymph nodes he was commenced on a course of chemotherapy, had something called a portacath inserted as the chemo was playing havoc with his vein and is now more than halfway through and doing well. He will however have to have further surgery to reverse the stoma which was necessary due to the location of the tumour. This was a huge shock to everyone, and we cannot wait to have him back at work!

Samrat said MeRO's Vice-president, "Devindra, with the rest of Team MeRO, is running everything and our work continues as it always does". Samrat is very much missed by all and cannot wait to be back at 'work' either.

After his surgery, Samrat wrote the following to express his grateful thanks to everyone who contributed to a GoFundMe campaign: *"Thank you to all of my extended family and friends from Australia, the Netherlands, America and several other countries who came together and supported a GoFundMe campaign. Within no time, you all raised the support I needed and prevented me from going into debt. In that moment, I truly realized something profound - In these 12 years, I didn't just serve people... I built a family who were there for me in my time of need"*.



SAVE THE DATES!



GLOBALGIVING'S JULY BONUS DAY starts at 10.01am EDT on July 15th in US which is 00:01 in Australia and ends 24 hours later. All donations between US\$100 - US\$1,500 which is approximately AU\$40 - \$2140 will be proportionately allocated a share of the US\$150,000 incentive fund that GlobalGiving is donating to organisations like ours. We will send out specific information nearer the time.

Our **ANNUAL FUNDRAISING DINNER** will be held in Canberra on **SUNDAY AUGUST 16th** at the Taj Agra Restaurant in Belconnen. To make a booking contact us. Tickets are \$55 and early bookings are appreciated. Payment is required at the time of booking, and our bank account details are on our website in the "Donate Now" section. An invitation will be sent out soon.

MERO NEWS:



Due to Samrat being out of action patient numbers have been reduced and MeRO is not accepting complex new surgical admissions until he is back at work. The Shelter currently has five patients but has had lots of admissions and discharges since our last newsletter!

Arun, with his cochlear implants was discharged home, as was Prashant who had done really well with lots of physio and orthoses to help with rehabilitation after having his club foot surgically corrected.

Burns injuries, whether acute or chronic continue to form a large part of MeRO's work.

Nine-year-old Anjani was transferred to the Shelter following treatment of acute burns injuries to 15 – 20% of her body. She received wound care and physiotherapy and was discharged but will return in three months for surgery to release her burns contractures.



Little Divyans who had acute burns injuries resulting in skin grafts and the amputation of two toes was also discharged.

Bishal experienced a work injury in Malaysia where his hand was severely burned, and he was denied medical care. He eventually returned to Nepal and was transferred to the Shelter post-operatively. He was eventually discharged after receiving amazing physio from resourceful Anjeela and wonderful nursing care from Kusum, Nayana and Anjana.

Chandini with her terrible burns was discharged once her skin grafts and wounds had healed but was readmitted to the Shelter. A wonderfully generous donation kickstarted a plan for microsurgery for the tricky burns contractures affecting her neck.



Bahadur and Karmala were discharged with fantastic new prostheses which were provided by the Polish team who visit Nepal annually for its Kathmandu Therapy Camp.

Little Saugat returned for assessment and fitting of a prosthetic eye. His surgical team decided that in the light of his hemangioma, further surgery was too risky. He did however have nine teeth extracted under general anaesthetic due to decay.



was discharged but doctors decided against further surgery as it was considered too risky and a suitable prosthetic eye could not be found for him. He did however have to have six teeth extracted under

general anaesthetic due to decay.



Navaraj had a higher amputation and is a different man! It is wonderful to see him smile as we only saw him in pain when we were in Nepal. He was also discharged and will return when his prosthetic leg is ready.

Susaan completed only five out of 12 cycles of chemotherapy, but her family decided to take her home as her prognosis is poor.

Other patients include 18-year-old Sunil who was admitted with kidney stones and is awaiting surgery, and like Chandini, will be operated on once sufficient funds have been raised for this to occur.



37-year-old Ganga was admitted with eye issues and was diagnosed with something called adherent leucoma which is complex corneal scarring caused by previous eye injury or infection. She was also diagnosed with secondary glaucoma and was managed with medications and discharged.



10-year-old Naina was successfully treated for rheumatoid arthritis and is smiling again. Her family are so relieved as she had lived with swollen painful joints for seven years because her family could not afford medical care for her.

Four-year-old Yunish was admitted with right developmental dysplasia of the hip and surgery is being planned. 56-year-old Pabita has a past history of cervical cancer many years ago and was admitted with spinal metastases. Her health is also complicated by diabetes and chronic lung disease. She was further assessed over the next month, medically managed and discharged home.

Twenty-year-old Anjali returned to the Shelter for follow up after bone cancer treatment several years ago and is doing well. Another previous patient, 35-year-old Amrita, returned for follow up of

her tubercular meningitis which is being treated with, and responding to, medication. Forty-eight-year-old Radhika was also admitted for follow up of her breast cancer of several years ago and all is good.

THANK YOU

If you have any feedback, questions or would like any more information about anything we do, please do not hesitate to get in touch. You can contact us via our website www.roads-to-rehab-nepal.org

Along with everyone at MeRO, all patients and their families, and all of us at Roads to Rehab Nepal, we cannot thank you enough for your amazing generosity and support. It is always so much appreciated as we hope you know.

With best wishes and grateful thanks

Virginia Dixon

President, Roads to Rehab Nepal

