



Roads to Rehab  
Nepal

## WELCOME TO OUR JUNE 2023 NEWSLETTER

### OUR FUNDRAISING DINNER

We have some exciting news. For those of you who do not live in Australia, before COVID-19 we used to do an annual fundraising dinner. Last year we did a modified event as COVID was still an issue here, but this year we are all good to go again, and Samrat, MeRO's Director, is going to be our guest speaker! He applied for a tourist visa and his application was approved.

The dinner is on Sunday July 30<sup>th</sup> in Canberra at 6,30 pm. If you would like more information, or are able to come and have not already made a booking, email us [info@roads-to-rehab-nepal.org](mailto:info@roads-to-rehab-nepal.org) Advance bookings are essential.



### MeRO NEWS



Since our last newsletter, MeRO has had some momentous discharges! Both Arya and Dipshika have been at the Shelter for many months, and became good friends! Arya had congenital hip dysplasia and Dipshika had burns contractures to her legs which she sustained as a result of burns when an infant. Both had surgery and both had problems with mobility. Thanks to your generosity, both had surgery and can walk independently and their lives have been changed enormously. Dipshika previously walked on her knees, and Arya had pain and a significant limp.



On the subject of mobility, three patients who had amputations last year have now been fitted with their prostheses, and have returned home. Sushmita who had a hip replacement was discharged. MeRO has had so many children....Gautam who had life-saving heart surgery was also admitted, operated on and discharged. Milan had surgery to help correct his deafness and Saugat has now undergone two more surgeries for removal of a very large hemangioma. Two patients were treated for burns injuries and one is undergoing assessment of a fractured spine.



Bishwokarma had an amputation of his right arm due to osteosarcoma. He does not require chemotherapy and is not a candidate for a prosthesis as there is no stump to attach it to. For 12 months, he went to several different hospitals seeking a diagnosis and treatment for the painful lump in his upper arm. He sold half his land, and his last water buffalo to pay his medical bills a week before being referred to MeRO. He is so grateful as he was finally diagnosed, treated and discharged.

Gulchana, who was a patient three years ago has returned for release of burns contractures. She will need two surgeries. Sahari requires another course of chemotherapy so will remain at the Shelter unless this is complete, and two patients were operated on for fractures and the removal of a small non-malignant tumour.

Sometimes MeRO helps in simple ways – two patients were supported in hospital only; a teenager with paraplegia was provided with a wheelchair and physiotherapy, and another woman was given an oxygen concentrator so she could leave hospital and go home.

### THANK YOU

Our grateful thanks to go everyone who donated to our Love our Work on Valentine's Day campaign. Your support has so far paid the first \$200 of medical costs for nine patients admitted to MeRO's Shelter.

A million thanks also go to Adeline for designing the perfect graphic for our fundraising dinner.

Finally, just in case you don't appreciate how much of a difference your support makes, we want to say another enormous thank you for your generosity. If you would like to visit to Nepal, let us know and you are welcome to visit the Shelter any time! If you cannot come to the dinner, but would like to meet Samrat or have a chat, let us know.

Any questions, email us on [info@roads-to-rehab-nepal.org](mailto:info@roads-to-rehab-nepal.org) or contact us via our website [www.roads-to-rehab-nepal.org](http://www.roads-to-rehab-nepal.org)

With best wishes and grateful thanks,

*Virginia Dixon*

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