



Roads to Rehab
Nepal

NAMASTE AND WELCOME TO OUR MARCH 2023 NEWSLETTER

What a fantastic response we had to our **'Love our work on Valentine's Day campaign'**! Thanks to your wonderful generosity, we reached our goal of US\$10,000 which will be turned into US\$20,000 by GlobalGiving. This is approximately AU28,000. The generosity of some of our donors around Christmas time and during this fundraiser has absolutely blown us away!

Another 100 people who cannot afford life changing medical care and rehabilitation services in Nepal will benefit from your generosity and we look forward to sharing lots more stories with you, like the ones below!



Founding Trustee and President, Virginia, and Treasurer, Paul, went to Nepal in February. Virginia spent five days at the Shelter which was wonderful, as always, and they both loved spending time with Samrat, Anjeela and Devindra, seeing everyone again, meeting the new nurses and getting to know the patients they hear so much about.

The trip was self-funded. They picked a great time to go as their visit coincided with that of a Polish team of doctors and physios who came to the Shelter bringing with them, not only skills, training and expertise, but several

prosthetic legs for MeRO's patients who had had amputations last year.

It was a very busy few days for Samrat and the local prosthetist who measures, fits, modifies and adapts artificial limbs for all of MeRO's patients, so that they fit their owners perfectly.



Some of you might remember young Himal and his father, Jay, who were burned in a house fire in 2018 – the remainder of their extended family, including Himal's mother died. Both had several surgeries and Samrat found a place for Himal at boarding school in Kathmandu. Jay rented a room nearby as he had to try and earn a living for them both and also be there for his son. Jay recently opened his own little restaurant, so Samrat organised for him to make momos for everyone for lunch! This is another example of how MeRO changes lives long-term.

Recent examples of patients that have benefitted from your amazing support include little Arya, with her life-changing surgery for congenital hip dysplasia. She was recently discharged from hospital and transferred back to the Shelter. She can now walk with the help of her walking frame. She will have lots of physiotherapy from Anjeela, will be able to mobilise independently and will not have to endure a lifetime of disability. Dipsika was very envious of the little walker and wanted one too – luckily Arya was good at sharing!





Having experienced burns to 30% of her body when she was only two days old, Dipsika can now walk on her feet rather than on her knees, having had release of her burns contractures and special custom-made splints fitted.



Sushma took her first steps without crutches having had a total hip replacement for a fractured pelvis she sustained when hit by a vehicle five years ago. She said she used to think everyone at the Shelter and the hospital were lying to her when they said she would walk independently again. Look at her now! She has just been discharged.



15-month-old Sandeep weighed only 7kg when he came to the Shelter. He had a serious heart condition and successfully survived his open-heart surgery despite the 30 percent odds against him. The photo of him and his mum and grandfather says it all!

Dipak was fitted with a prosthesis following a long and complex medical journey with osteosarcoma. He really hopes he can return to work as a teacher very soon.



For more wonderful stories that demonstrate how your generosity changes lives, please visit our Facebook page <https://www.facebook.com/RoadsToRehabNepal>

SAVE THE DATE – SUNDAY JULY 30TH FOR OUR FUNDRAISING DINNER.

We may have a very special guest.....

ANY QUESTIONS, OR WANT MORE INFORMATION ABOUT ANYTHING WE DO?

Please contact us via our website www.roads-to-rehab-nepal.org

With best wishes and grateful thanks,

Virginia Dixon

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