



Roads to Rehab
Nepal

WELCOME TO OUR DECEMBER 2022 NEWSLETTER

We cannot believe it is nearly Christmas already! As of mid-December, we will be going into our 7th year as an organisation, and we have been invited to participate in a very special event.

International Day of People with Disabilities is on December 3rd and we would usually run a #GivingTuesday campaign through GlobalGiving to celebrate this day and bring Christmas to MeRO, but this year is different. Instead, we are asking everyone to hold off with donations until February - unless you want to donate twice! If this is the case, please visit

To find out more about our 'Love our work on Valentine's Day' campaign and read about little Arya's medical journey, please read on.

LOVE OUR WORK ON VALENTINE'S DAY

We are proud to announce that we are one of only 20 organisations invited by GlobalGiving to participate in this special fundraising campaign.

ALL DONATIONS WILL BE DOUBLED BY GLOBALGIVING UP TO US\$10,000 which is approximately AU\$16,500.

'Love Our Work on Valentine's Day' will run for 3 weeks from February 1st – 21st, but we are hoping to reach our target of \$10,000 by Valentine's Day. All donations will be doubled by GlobalGiving until the \$10,000 ceiling is reached, then that \$10,000 will be turned into \$20,000!



If you are a regular donor, we understand that you may not be able to make another donation but if you can share the link to our project page www.globalgiving.org/projects/provide-life-changing-medical-care-in-nepal and/or do your own little fundraiser for us amongst friends, family, work colleagues, that would be enormously appreciated.

MeRO identified an important need for a consistent amount of funding to kickstart the medical journey of each and every patient admitted to the Shelter. All funds raised during this campaign will cover the first \$200 of medical costs for up to 100 people admitted to the Shelter and begin their journey down their often-long road to rehabilitation.

We will send out a reminder email nearer the time.

AN UPDATE ON ARYA



We introduced you to Arya in our last newsletter. All conservative attempts to fix her congenital hip dysplasia have failed and she was booked for the major surgery to have her hip joint replaced with a metal one at the hospital where she has had her other treatment. Delays due to the festival season and the elections meant it was not going to be done until November 24th, but after a multi-disciplinary team meeting, it was decided to refer her to a specialist paediatric hospital instead. She is now just awaiting a new date. A huge thank you goes to all those who contributed to the cost of her care.



Arya's parents received no support from their family or their community. Her condition was perceived to be a punishment from the gods brought upon the family because her mother married a man from a lower caste. They managed to secure a loan for \$200 and brought her to Kathmandu, thinking that would be sufficient. When the hospital advised them that surgery would be in the region of \$2000, her father said "I had already taken a loan of \$200 to come to Kathmandu, so how could I possibly manage the huge amount which the hospital told me it would cost for her surgery? I could not stop thinking about this and I felt it was killing me inside. Every day, I asked many people for a loan, but no one was willing to help me. Also, if I worked for my entire life, I would never be able to pay back this amount".



Arya's parents are so grateful she was referred to MeRO and for your support. She will have a long road to rehabilitation, but she will get there. Maybe one day she will be a nurse or a doctor, as she loves getting dressed up in the nurses' white coats!



THANK YOU

We would like to thank each and every one of you for your amazing generosity over the course of 2022 and we look forward to sharing more of our wonderful work with you as we go into our 7th year.

MERRY CHRISTMAS & HAPPY NEW YEAR



If you need a Christmas present for someone, let us know! In return for a donation, we can send you a gift certificate. Visit www.roads-to-rehab-nepal.org

All of us at MeRO and Roads to Rehab Nepal would like to wish you all an absolutely fantastic Christmas and all the best for 2023. Visit

As always, if you ever have any questions, please do not hesitate to contact us: info@roads-to-rehab-nepal.org

With best wishes and grateful thanks for your support during 2022.

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