



Roads to Rehab  
Nepal

## WELCOME TO OUR SEPTEMBER NEWSLETTER

We hope you enjoyed our annual report we sent out recently, and we look forward to another year of supporting our wonderful project partner organisation, MeRO.

### THIS IS LOHSARI'S STORY

MeRO became aware of the plight of 23-year-old Lohsari through the media. She had an epileptic seizure and fell into the fire she was cooking on. She sustained burns to 42% of her body. She was treated in a small district hospital but needed urgent treatment in a specialty burns unit in Kathmandu. Her husband said "we were unable to gather money for her transportation and treatment in Kathmandu, even though we had hurried her to the Bayalpata hospital by raising funds. Just the ambulance charge to Kathmandu will come to over Rs 60,000 (Au\$660). The hospital has already referred her to Kathmandu, but she is still languishing here for lack of financial means,"



It was a mammoth journey and a feat of incredible determination on MeRO's part to get her to Kathmandu. Lohsari eventually arrived after 3 days of travel, and treatment started immediately. Samrat said: "The commitment to our patients is always an act of faith at MeRO. It was not easy work for us to spread our hands to support her. We knew the treatment would be so costly and we did not have any funds. All we had was hope that people will come forward to help her".

MeRO contacted the wonderful organisation, Burns Violence Supporters Nepal, to seek their involvement. They accepted her and committed to cover medical costs up to NPR 200,000 (AU\$2,230).

On July 9 she was admitted to hospital and was later transferred to the Shelter for ongoing wound management and intensive physiotherapy as well as education from Anjeela on how to prevent the development of burns contractures. She also required a diet high in protein. She made a wonderful recovery and was discharged on August 5<sup>th</sup> with her very happy husband and 9-month-old baby!

### WE NEED YOUR HELP

15-month-old Arya has congenital hip dysplasia which was not diagnosed at birth. This meant she would be disabled for the rest of her life it was not treated. She required two surgeries - the first was on 26<sup>th</sup> June and second on July 13<sup>th</sup>. She was transferred back to MeRO's Shelter immobilised in a special plaster cast and was on strict bedrest for 6 weeks. When she was reviewed at the end of the 6 weeks, the doctors advised Samrat that her surgery had not been successful. She has been admitted to hospital for traction for 6 weeks and will then undergo more surgery.



Arya's road to rehabilitation will be long and expensive.... A huge thank you goes out to the three generous people who responded to our appeal for funds. We have been able to send a total of \$1700 to help pay her outstanding medical bills but this is still not enough and there will be more costs to come.

If you would like to contribute you can do this either through direct deposit into our bank account via our website <http://www.roads-to-rehab-nepal.org> or through GlobalGiving

### SEPTEMBER LITTLE BY LITTLE IS ON AGAIN!



**GLOBALGIVING'S 5 DAY 'LITTLE BY LITTLE' FUNDRAISING CAMPAIGN IS ON AGAIN AND RUNS FROM MONDAY SEPTEMBER 12TH - FRIDAY SEPTEMBER 16TH. ALL FUNDS RAISED FROM THIS WILL BE USED TO HELP PAY ARYA'S MEDICAL BILLS.**

The first \$50 of your gift will be matched by 50% for the duration of the campaign. To avoid complicated time conversions, if you live in Australia, please make your donation on Tuesday 13th, Wednesday 14th or Thursday 15th. If you live in the US, the campaign opens at 00:01 on Monday 12<sup>th</sup> AEDT and ends at 23:59 on Friday 16<sup>th</sup>.

This link will take you to our project page [www.globalgiving.org/projects/provide-life-changing-medical-care-in-nepal](http://www.globalgiving.org/projects/provide-life-changing-medical-care-in-nepal)

### FUNDRAISING

Grill'd at Belconnen Mall will be featuring Roads to Rehab Nepal, along with two other non-profit organisations, as part of their Local Matters initiative. It will run for the month of September. You can help us on our quest for the \$300 first prize by dining there. When you buy your burger, they will give you a token to put in a jar. There will be three jars representing the three organisations, and every burger equals a vote. Whichever organisation gets the most tokens wins \$300. Both runners up get \$100.

This is the third time they have supported the wonderful work we do, and we would love you all to support them too as they have raised over 6 million dollars for charity. Thank you, Grill'd!

### THANK YOU

As always, if you ever have any questions, please do not hesitate to contact us: [info@roads-to-rehab-nepal.org](mailto:info@roads-to-rehab-nepal.org)

With best wishes and grateful thanks for your support.

Virginia Dixon

President, Roads to Rehab Nepal

