



Roads to Rehab  
Nepal

## WELCOME TO OUR MARCH 2021 NEWSLETTER

This quarter NHEDF feels life has become a bit more normal and if you knew nothing about COVID and arrived for the first time in Kathmandu you would think there was no such thing as a worldwide pandemic! Even the newly built Government COVID hospital lies empty.

### NHEDF NEWS

Firstly, we wanted to let you know that NHEDF has applied for a name change that better reflects what they actually do! For those that often wonder why NHEDF was called NHEDF, it was because prior to the earthquake in 2015 NHEDF was an organisation that recycled broken medical equipment and returned it to where it came from, be it individuals or hospitals in perfect working order.

All that changed when the earthquake happened and NHEDF became what it is now but the name just stuck. Due to fantastic ongoing support from people like you, NHEDF feels much more secure in their long-term future and have applied to the government department that manages their registration to become 'Medical Rehabilitation Foundation Nepal' (MRFN) so watch this space!



We would like to farewell Staff Nurse Renuka and welcome back Staff Nurse Ranjani who has returned to work at the Shelter. We are very happy to have you back Ranjani..and thank you Renuka for all your hard work.

### NHEDF's PATIENTS



As always NHEDF has had plenty of challenges to keep them busy during the last 3 months! The diagnoses of new patients range from two very challenging cases of osteosarcoma, chemical burns from treatment of bone cancer with nitrous oxide; patients with kidney stones, lung infections, cataract surgery, a foot injury, a fractured arm with neurological injury to the fingers and two patients with gynaecological conditions. In addition to these new patients, all existing patients continue to be treated for conditions such as neurological injury, amputations, ongoing wound management following skin grafts, spinal injuries and assessment for heart surgery. NHEDF's nurses continue to work really hard, with wound management taking up a considerable period of their time. Anjeela continues to work with dedication and commitment to help people with life changing injury be the best they can be. Key NHEDF members like Samrat and Devindra never stop!

Since our last report to you, 30 people with life changing injury have either been admitted to NHEDF, treated in hospital, discharged or transferred back to NHEDF, as they continue to travel down their road to rehabilitation. Visit our Facebook page to see their stories and learn more about our work.

## GLOBALGIVING'S LITTLE BY LITTLE CAMPAIGN



GlobalGiving is having a March Monthly Match campaign and, if you were able to help us change a life or two or three, lots of small donations add up to one big one which means a little action on your part will make a huge difference to people at NHEDF's Shelter!

All donations of up to US\$50 will be matched at 50%. Visit <https://www.globalgiving.org/projects/provide-liefc-changing-medical-care-in-nepal/>

We have done the calculations and if you make your donation **between 01.00 on Tuesday March 9 – midnight on Thursday March 11<sup>th</sup>** it will be matched no matter where in the world you live!

### THANK YOU:



A million thank yous go to the Rotary Club of Hall who have continued to support our work with a further generous donation of \$5000 which we received before Christmas.

A huge thank you also goes to Dr Rodney, and Alysia and the Duntroon physio department for the donation of moonboots and knee braces which their department no longer requires. When we are allowed to travel again these will make their way to their new

home in Nepal.



### ANY QUESTIONS?

As always, if you ever have any questions, feedback or would like more information about any aspect of our work, please email us on [info@roads-to-rehab-nepal.org](mailto:info@roads-to-rehab-nepal.org) or contact us via our website <http://www.roads-to-rehab-nepal.org>

On behalf of all past, present and future patients, and everyone at NHEDF, we thank you again from the bottom of our hearts for your kindness and generosity. None of the above would be possible without you, and our sincere thanks go to you all for changing and continuing to change the lives of people who have no one else to turn to and nowhere else to go.

With best wishes and grateful thanks,

*Virginia Dixon*

President

Roads to Rehab Nepal

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