

# Discover Nepal

## – DAY TOURS –

These tours are part of a fundraising venture for the Australian non-profit organisation Roads to Rehab Nepal [www.roads-to-rehab-nepal.org](http://www.roads-to-rehab-nepal.org) and include a US\$10 donation to the organisation per tour.

Adventure Thamserku Treks & Expeditions is a Nepalese trekking and mountain guiding company. Their experienced team of leaders, cooks and sherpa guides are dedicated to providing extraordinary and unforgettable tour experiences throughout Nepal.



### **Boudha Stupa & Dinner Date with Everest Summiteer**

Visit one of the largest Budha Shrines in the world and enjoy a dinner date with veteran climber Kami Rita Sherpa, who has scaled Mt Everest 24 times.

**US\$55 per person\***

\*Includes tour guide, entrance fees & buffet dinner at Hotel Tibet International



### **Everest Scenic Flight by Plane**

Experience the stunning beauty of the world's largest mountain range on a spectacular hour long flight. You'll get a close look at Mt. Everest and other Himalyan peaks including Kanchenjunga, Lhotse, Makalu, Cho Oyu and more.

**US\$225 per person\***

\*Weather permitting

We would love to discuss your travel needs, contact us on:

☎ 1800 193 612 | [kingston@travelassociates.com](mailto:kingston@travelassociates.com)

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### Helicopter Flight Kathmandu to Everest Base Camp

Explore the beautiful Everest region of Nepal without having to take a single step. On this 3 hour helicopter flight you'll get to experience the mountain range up close, hugging valleys not accessible by plane.

**US\$1110 per person\***

\*Subject to minimum numbers



### Visit Kapan & Phullhari Monasteries

Enjoy a 3 – 5 hour tour where you will visit Kapan, a Tibetan Buddhist monastery, then hike or venture by car to another beautiful monastery Boudnath. This tour provides a great insight into Mahayana Buddhism.

**US\$44 per person\***

\*Includes tour guide & return transportation from Hotel Tibet International



### Kathmandu Valley - Full Day Tour

Enjoy a 5 – 6 hour tour featuring the Garden of Dreams, UNESCO Sites Swayambhunath (Monkey Temple) and Pashupatinath (Hindu Temple) and a visit to the old kingdom of Patan.

**US\$76 per person\***

\*Includes tour guide, entrance fees & transportation throughout tour



### Bhaktapur - Half Day Tour

Enjoy a 3 – 4 hour day tour exploring Bhaktapur's amazing architecture, sky-high temples built in pagoda style and fine clay pottery. The Bhaktapur Square region is a living representation of how the entire Kathmandu valley would have looked many years ago.

**US\$55 per person\***

\*Includes tour guide & entrance fees



### Nepalese Cooking Class

Discover authentic Nepalese culture through its cuisine over a 4 hour cooking class. You will first visit the markets before cooking 5 different Nepalese dishes with freshly sourced ingredients.

**US\$77 per person**



### Walking Tour of Central Kathmandu

Enjoy a 2 – 3 hour walking tour of Kathmandu, featuring the Garden of Dreams and UNESCO World Heritage site Durbar Square.

**US\$39 per person\***

\*Includes tour guide & entrance fees, subject to minimum numbers

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