



Roads to Rehab Nepal

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WELCOME TO OUR DECEMBER 2019 NEWSLETTER

BRING CHRISTMAS TO NHEDF!

Our GlobalGiving #Giving Tuesday campaign which ran for 24 hours on the International Day of People with Disability has been and gone but it is not too late to donate and bring Christmas to NHEDF! GlobalGiving's annual 'year end' campaign runs until December 31st. \$12,000 will be given away as prizes and monthly recurring donations will have the initial donation matched!

Visit our website for payment options <http://www.roads-to-rehab-nepal.org>
We are also proud to announce that recently we became a top-ranked GlobalGiving organization for the way we do go about what we do!



ABOUT THE PEOPLE WHOSE LIVES YOU HAVE CHANGED:



This quarter NHEDF's patients presented with closed head injuries, meningitis, wound infections, fractures, osteosarcoma, kidney disease, chemical burns, burns from fire, wound infections, neurological disease, congenital birth defects and one was diagnosed with a rare neurological condition.

Without your support some of our patients would have undoubtedly died; two would have been left with permanent incontinence; one or two would



have required amputations; 7 would have been permanently disabled with limited mobility; 2 would have failed to receive appropriate burns treatment; 4 would have had untreated wound infections leading sepsis, gangrene and loss of limbs and none would have received any essential physiotherapy so important in rehabilitation.



One patient who was injured in the earthquake and has been at NHEDF for a very long time continues to receive full nursing care and one patient sadly passed away. For some their roads to rehabilitation are long – for others not so long – they are all different. None of this would be possible without your outstanding generosity.



FROM SAMRAT, NHEDF'S DIRECTOR



“Working everyday with people who come from all over Nepal has taught me a very valuable lesson. Even in my worst times at NHEDF I find the time to smile, laugh from the heart and it reduces my stress. My smiles make other's smile and when I see the faces of the people in our Shelter smiling around me my tension and stress releases. We

know that NHEDF is the best place for our patients. We have saved many lives. We have helped many people and we are proud that we have created something so important and valuable for those who need it.

At NHEDF we witness many things some of which we wish we did not have to experience, like watching a family react to the impending death of their 22 year





old son; a young boy suffering whilst recovering from over ten hours of surgery but all is good because we do get to witness lots of smiles, joy and laughter in the future hopes of our patients. This might seem nothing compared to other terrible problems in the world but being there for them means the world to us and we create happiness when before there was none.

NHEDF was not easy when I first started down this journey, but thanks to Roads to Rehab Nepal our destiny has become clearer because there are so many who walk with us. That is one of the many things that makes Roads to Rehab Nepal so special. Between us we are not changing the whole world but we are changing theirs, and changing one life at a time. This means a lot to me. Everyone at NHEDF and all our past, present and future patients want to thank you for your amazing support and generosity during 2019.

We also wish you all the best for your Christmas festival season and a safe and happy new year. With best wishes and grateful thanks,



Samrat Basnet, Director, NHEDF

THANK YOU FROM US:



Samrat's reflections are echoed by all of us. Our grateful thanks go to each and every one of you for your outstanding generosity this year. An extra special thank you goes to our nurse and physio sponsors for their ongoing commitment to our Nurse and Physio Sponsorship Programs. The Rotary Club of Hall, Southside Physio, Flat Gecko Design and Celeste Ann Design all deserve a special mention and you will find links to them here <https://roads-to-rehab-nepal.org/our-sponsors/>

As always, if you ever have any questions, or would like to provide feedback or would like more information about any aspect of our work, please contact us info@roads-to-rehab-nepal.org

We wish you all a very merry Christmas, a happy new year and all the best for 2020. We look forward to sharing our journey with you throughout next year.

With best wishes and grateful thanks for all your amazing support,

Virginia Dixon

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