



ROADS TO REHAB NEPAL NEWSLETTER – SEPTEMBER 2019



Welcome to our September Newsletter. It has been a very busy quarter for all of us at Roads to Rehab Nepal. Not only did we have our GlobalGiving campaign in June where, thanks to your incredible support we raised \$7839.30 AND achieved permanent membership of this great not-for-profit organisation, but we were also able to commit to fund the wages of a third nurse at NHEDF. All of this was a huge relief to Samrat, NHEDF's

Director, as he now has a permanent staff member for morning, afternoon and night shifts, and Staff Nurse Aashika is settling in nicely!



OUR FUNDRAISING DINNER: In August we held our annual fundraising dinner in Canberra. It was enthusiastically attended by 79 dinner guests and we were delighted to report we made \$5,413. Many



thanks to all of you for coming, and for your generosity on the night and thank you to those who could not come but made a donation. Our appreciation goes to the Taj Agra for hosting us, Michael Bellantonio for being our MC, Kwae Mon for organising the sound, Maree and Ride James for yet again donating the beautiful basket of raffle goodies, Brian Sinclair and Ironcutter wines for donating 2 bottles of wine, Lara Sinclair for making the video for us, Jono Lineen

for donating 5 copies of "Perfect Motion" and Lenore who was the winner of our lucky envelope lottery and generously donated her winnings back to us. It was a great night.

NHEDF NEWS: Life at NHEDF has settled down as everyone becomes used to their new home. Since our last newsletter, nine new patients have been admitted to NHEDF. These include Jenny who sustained burns to her neck, chest and arms requiring skin grafts. She continues to receive ongoing nursing care and physiotherapy at NHEDF and would love to work for Circles of Hope. As she is at NHEDF for a while, Saguna has been sharing her new-found sewing skills with her.



Rajan is a young man who was hit by a car and sustained a fracture of his leg. He camped outside the hospital begging for money as he needed surgery which he could not afford. Eventually someone noticed him who knew of NHEDF and he was referred to the Shelter. He nearly lost his leg to infection but has now had successful surgery and expects to be heading home after another month of nursing care and intensive physiotherapy.

Anisha is a four-year old girl who sustained a head injury requiring two episodes of brain surgery. When she first came to NHEDF she could neither talk nor walk and we are happy to report that she can now do both and is making an amazing recovery. She loves doing her physiotherapy with Anjeela on the smart new physio bed which your generosity has provided even though it makes her a bit tired!





Other patients have included a 15 year old boy who was referred to NHEDF with widespread skin infections of his lower legs which he has lived with for ten years. Successful medical treatment is dependent on a correct diagnosis and his family could not afford either. His infections have now been treated and are clearing up nicely.

NHEDF received a ten year old girl, with spina bifida who is awaiting spinal surgery. A woman with a fractured leg with infected external fixators and osteomyelitis also now calls NHEDF home whilst she receives daily dressings and physiotherapy. Another patient who recently had ten hours of surgery to his lower limb and an intensive care admission and will need ongoing nursing care and physiotherapy on his transfer back to NHEDF. NHEDF also received a young boy had successful surgery for urinary incontinence.



Without your support these people and many more just like them, would have no one else to turn to and nowhere else to go. They are all so grateful for your generosity which changes their lives in more ways we can imagine.



CIRCLES OF HOPE: Thanks to the generous donation from the Rotary Club of Hall, registration for our Circles of Hope Enterprise is now underway. Saguna has received two weeks of sewing skills training from a local provider – thank you House of Heart - and she has been manufacturing the incontinence pads which are now being trialled by our patients at NHEDF. We are still waiting for Enterprise training to be organised by Days for Girls, but the production of incontinence products for women with fistula and NHEDF patients is full steam ahead! Thank you Dr Anjana Karki for becoming a board member of Circles of Hope.

FUTURE PLANS: As our GlobalGiving membership opens us up to a whole new world of US and UK donors, our next major fundraiser will be another GlobalGiving campaign to coincide with both the International Day of Persons with Disabilities on December 3rd and the Christmas season.

THANK YOU: As one of NHEDF's recently discharged patients said "People used to come every day to ask me for money to pay for my treatment. I only have 1 ropani (= 508 square metres) of land which is worth 3 Lakh (US\$ 3000). If I sell it, my family and I will not have any place to live. It's better I die. I have become a big burden to my family. If I was not at NHEDF I could have ended my life. I will always remember NHEDF." Without Roads to Rehab Nepal, there would be no NHEDF.



With best wishes and grateful thanks for your wonderful support

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